

The Student Handbook



BY RINDI STUDENTS FOR RINDI STUDENTS



Founders note

We, the ones behind the first edition of *Rindi's Student Handbook*, are a group that calls ourselves *Ovve at Rindi*. Together, we've racked up a total of 11 years of studies, collected an impressive number of anecdotes (and maybe one or two student loans), and most importantly - we have Rindi to thank for some of our best memories and friendships.

Rindi has been our second home - a place where we've sweated in board meetings, started clubs purely out of enthusiasm, planned *lamningen* as part of the stab (only to realize it's like herding a bunch of overly excited lambs), and so much more. We are forever grateful for the sense of community we've found here, and now it's time to pass the torch to you, the new students. Because honestly - why would we keep all the fun to ourselves?

This book was created because, when we first started, none of us really knew what we were doing. We felt there was no single guide to student life on the island, and when no one else made one, we figured we'd do it ourselves. We hope this book will be that helpful friend you can turn to when you're wondering how things work - from finding your place at Rindi to surviving a *sittning* without embarrassing yourself (too much).

So, our advice to you: Give Rindi a chance. Find a club, a *mästeri*, or a section that speaks to you. Get involved. We promise it's worth it - we haven't regretted a single second. (Okay, maybe once at 6:00 AM after an *ovve* party, but it passed.)

Welcome to student life at Rindi - see you in the crowd!

Sofia Adler

Clara Jacobsson

Marcus Anderfelt

Sofie Eriksson Erbel

Mars 2025



Quotes from former Rindi students:
What have you gained from your time at Rindi?

"I've gained community and a sense of belonging" - VisSpel board, member of Caféguild

"I've gained experience and friends." - Member of Bar- and Soundguild

"I've gained a lot of connections with people as well as useful information by hanging out at Rindi" - President of the EnVis board

"Fun time with my friends and a place to study." - Study social in LeGo 2025

"I would say I have gained social skills and confidence, that has been an important part not only when speaking to others at uni. But also privately and while I have applied for jobs etc. I have also met many wonderful friends through Rindi." - Study social in HuGo 2023, part of Partyguild 2023-25

"Friends & more control over what happens on the island to make my time here the most memorable it can be" - Vice & Master of Partyguild 2023-24, Communicator Rindi 2024, Marketing Manager SVIT 2023

"New friends. Taking part in fun activities. Drinking good coffee. Study tips. Motivation!" - Rindi board

"Experience that i can use in my work life." - Board member of SVIT and Vice Master of Partyguild

"Many many friends and a lot of experience." - President of GoS, Vice President of GoS, Master of Partyguild, Vice Master of Partyguild, Admiral of Absolut Gotland 2023-24, Board member of the Rindi board

"So much - a basic education in bartending, playing with fire, and of course politics and student advocacy, which has led to a job at Region Gotland." - Vice President of Rindi 2023-24

"Confidence and personal growth. I think I became more outgoing than before. I noticed that there many individuals who are passionate about Rindi and it's various mästeriet." - Study Social President of Rindi 2023-25

"New knowledge and new friends." - HuGo board 2024-25



Student handbook itinerary

1. RINDI	5
1.1 RINDI STUDY POLITICAL RESPONSIBILITIES	5
1.2 RINDICASTLE - UNIONHOUSE.....	5
1.3 CURRENT INFORMATION - INSTAGRAM.....	5
1.4 MEMBERSHIP	6
1.5 EVENT TICKETS - ORBI.....	6
1.6 SECTIONS	6
1.7 GUILDS.....	7
1.8 CLUBS	8
1.9 COMMITTEES.....	8
2. OVVEN	8
2.1 WHAT IS A STUDENT OVERALL?	8
2.2 WHEN SHOULD I WEAR MY OVVE?	8
2.3 SECTIONS OVVE COLORS.....	8
2.4 REVÄRER.....	9
2.5 SUGGESTIONS FOR ADD-ONS.....	9
2.6 PATCHES	10
2.7 RULES	10
2.8 OVVE WEDNESDAY	11
3. LAMNING	11
3.1 WHAT IS LAMNINGEN?	11
3.2 ROLES DURING LAMNING	11
3.3 LAMNINGSFRIDEN	12
3.4 SUPPORT DURING LAMNING	12
3.5 THE LAMNING DANCE	12
4. STUDENT LIFE:	13
4.1 THE SONGBOOK.....	13
4.2 ABSOLUT GOTLAND - AG	13
4.3 FORMAL SITTINGS - GASQUE	13
4.4 CASUAL SITTINGS.....	14
5. STUDENT'S DICTIONARY	15
6. STUDENT MAP	16



1. Rindi

Rindi is the student union for everyone studying at Campus Gotland. The union is run by dedicated individuals who invest much time and energy into creating the best possible environment for all students. Primarily, Rindi is run by:

Rindi Presidium - Rindi has three paid positions: President, Vice President, and Study Social President. These positions are usually filled by students who have completed their studies and work full-time to improve Rindi.

Rindi's Board - Students who have taken on tasks within Rindi's board.

Under this, many guilds, sections, clubs, and committees are managed. More information about the different parts will be provided later in the handbook. Rindi also has a website, which you can find at Rindi.com.

1.1 Rindi study political responsibilities

Rindi's original purpose on campus is to work on students' political issues, as the student union. This means that if a student feels that the university is not following the applicable rules, Rindi can offer support and assistance. To find out which rules the university should follow, you can click [here](#). You can also reach out regarding changes you would like to see at campus or if you run into any other troubles surrounding your student life. In each section's board, there is a study political responsibility who is the students' closest point of contact for help. If you do not receive the assistance you need there, you can instead contact Rindi's Vice President at viceordforande@rindi.com.

1.2 Rindicastle - Unionhouse

Rindi's student union obviously has a student house! It is located between the main campus and the wall, behind the Almedalen stage. Rindiborgen is open every weekday from 10 AM to 5 PM and offers study spaces, group rooms, a café, a bar, microwaves, and much more! Various events are also held at Rindiborgen, such as parties, quiz nights, sittnings, craft club, and more.

1.3 Current information - Instagram

Most of the information about what's happening at Rindi is shared on Instagram. Rindi has several different Instagram accounts that are good to keep an eye on:

Rindi's main account - [@rindistudentkar](#)

Combined account for sections - [@rindisections](#)

Combined account for guilds - [@rindi.guilds](#)

Combined account for clubs - [@rindiclubs](#)

The separate Instagram accounts for sections and guilds are presented under their respective headings.



1.4 Membership

Become a member of Rindi? Why? Well, as a Rindi member, you get access to:

- All of Rindi's guilds and clubs.
- The opportunity to sit on Rindi or section boards.
- Cheaper tickets to all events held by Rindi.
- Free coffee and tea at Rindiborgen.
- Discounts at local businesses such as Mille Lire, Mel's Diner, Shawarma Bar, Munkkällaren, and many others (more info on the website).
- Free entry to Rindi's bar.
- The opportunity to influence Rindi's decision-making at the membership meeting, where the decisions regarding Rindi are made. It is Rindi's members who make decisions about Rindi's direction.

Membership costs 150 SEK **per semester** and is available through the Mecenat app. To become a member, the easiest way is to visit Rindi's website and follow the instructions there.

1.5 Event tickets - Orbi

Rindi uses Orbi to sell tickets for all its events. This is an app that can be downloaded on all smartphones and is relatively easy to set up. As a rule, you need to be a member of Rindi to purchase tickets. If you run into any issues, contact someone at Rindi and they will assist you.

1.6 Sections

All programs at Campus Gotland are divided into sections. The purpose of the sections is to work more closely with students than Rindi can and ensure that events are planned to interest all students. The sections are also primarily responsible for studypolitical issues that students may have. Each section is run by a board consisting of students who are enrolled in the programs the section represents (usually).

Campus Gotland has eight sections:

EnVis - Urban planners and students studying economics transition, sustainability, and leadership. Instagram: @env.is

GoS - Nurses and district nurses. Instagram: @uu.gos

GotArk - Archaeology and osteology students. Instagram: @uugotark

HuGo - Conservation programs, teaching programs, and a master's program in cultural heritage and sustainability. Instagram: @uuhugotland

LeGo - Leadership, quality, and improvement and sustainable development. Instagram: @uu_lego

SVIT - Information systems and Digital Business Development. Instagram: @uusvit

VisEkon - Business economists, social workers, and legal students. Instagram: @uuvisekon

VisSpel - All game design students at both bachelor's and master's levels. Instagram: @uu_visspel



1.7 Guilds

All guilds consist of engaged students and aim to offer services that Rindi would otherwise have to hire external companies for. Each guild is led by a master. If you're interested in joining one of the guilds, you can email the respective guild at the addresses provided below.

Barguild

This is Rindi's bartender guild; these heroes staff the bar during events and social gatherings. There's also the opportunity to take an alcohol-serving course, learn mixology, and benefit from guild membership perks. Instagram: @rindibarguild. More info: barmastare@rindi.com

Castleguild

Castleguild consists of Rindi's handy students who enjoy creating and finding creative solutions. They are tasked with taking care of Rindiborgen and building all the fun ideas that people come up with for Rindi's various events. More info: borgmastare@rindi.com

Cafeguild

If you enjoy baking or providing your fellow students with their much-needed caffeine intake and sweet treats, the café guild is the right place for you! Instagram: @rindistudentcafe. More info: kafemastare@rindi.com

Party guild

If you're someone with fun ideas and enjoy planning large events, you should join the party guild. The party guild plans Rindi's major events: Halloween, V.V.V, Valborg, and the Spring Gasque. These are events that bring the majority of Rindi's students together in one place. Instagram: @rindifestmasteri. More info: festmastare@rindi.com

Kitchenguild

This is Rindi's chefs, food is prepared for all events and occasions where the bar is open and is a vital group to keep the bar running and events happening at Rindi. If you love to cook, you can hang out here. Instagram: @rindikitchenguild. More info: koksmastare@rindi.com

Soundguild

Welcome to Rindi's DJs! There's always great music that needs to be mixed at our parties. Whether it's an 80s night or an evening of power ballads, we're looking for someone who loves getting the dance floors moving. More info: ljudmastare@rindi.com

Patchguild

This group is responsible for designing and printing patches for events. Join here if you enjoy drawing and coming up with concepts for patches, because who wouldn't want to have a say in what adorns the students' ovves? Instagram: @rindipatches. More info: marken@rindi.com

As a member and worker in Rindi's guilds, you can get a stamp card that gives a 30% discount on various purchases at Rindi!



1.8 Clubs

Rindi has a relatively large number of clubs, which varies widely. These are run as interest-based clubs by engaged students with similar passions. Examples of clubs include: Rainbow Club, Fire Guild (yes, they are a club despite the name), Football Club, Craft Club, and many more. Do you have an interest you'd like to share or are you looking for like-minded people? Check out Rindi's website to see what's currently active or get in touch with Rindi to start something new.

1.9 Committees

A committee at Rindi is usually a temporarily formed group with a specific purpose. The Lanning team and those planning Absolut Gotland are examples of committees. The group *Ovve at Rindi* is also considered a committee.

2. Ovven

2.1 What is a student overall?

A student overall is a garment that is either an overall or a pair of suspenders representing the section to which a student belongs. A student overall is often referred to as an "Ovve" and quickly becomes a student's most valuable piece of clothing. An Ovve is typically sold at the student union, mainly at the beginning of each semester. This garment can be worn by students during all student activities unless otherwise specified.

2.2 When should I wear my ovve?

All events where no other dress code is specified or if you don't have clothes that match the theme. "Kravall" is a dress code that applies to you wearing an overall, and you are expected to wear your "ovve." The ovve is also a garment that can be used when doing dirty work at Rindi, such as cleaning or similar tasks.

2.3 Sections ovve colors

- EnVis** - Lime green suspenders
- GoS** - White overall
- GotArk** - Black suspenders
- HuGo** - Darkblue overall
- LeGo** - Pink overall
- SVIT** - Turquoise overall
- VisEkon** - Burgundy overall
- VisSpel** - Discord blue suspenders





2.4 Revärer

Revärer is a small strip of fabric that is sewn onto the side of your Ovve and represents the program you are enrolled in. The revär is sewn along the outer seam on both sides, from the waist down to the ground. Each bachelor's program has its own color, while all 1 year master's programs have a silver piping, and 2 year master's programs have a gold one. These revärer can be sewn on individually or added as an extension to a previous revär.

Envis

Urban planning
Energy transition,
sustainability, and
leadership

DARK GREY
TURQUOISE

Gos

Nurse

RED

GotArk

Archaeology
Osteology

YELLOW
BONE WHITE

HuGo

Primary teacher F-3
Primary teacher 4-6
Preschool teacher
Object Conservation
Building Conservators

LIGHT BLUE
LIGHT PURPLE
LIGHT PINK
OFFWHITE
RUST RED

LeGo

Leadership, quality
and improvement
Sustainable
development
engineering

LIGHT
TURQUOISE
DARK BLUE

Svit

Information systems
Digital business
development

BLACK
DARK PURPLE

Visekon

Business economy
Legal base year
Socionoms

LIGHT GREY
BLUE
GREEN

VisSpel

Programming
Open Minor
Graphic design
Project managing

LIME GREEN
WHITE
ORANGE
HOT PINK

Master och

Magisterprograms

Masterprogram

GOLD

Wind Project Management 2 years
Cultural Heritage & Sustainability
Master in Game Design 2 years
Master's program in Archaeology

Magisterprogram

SILVER

Wind Project Management 1 year
Magister i hållbart ledarskap
Master in Game Design 1 year
District nurse 75 hp

2.5 Suggestions for add-ons

- Drinking vessel (for anyone who wants to toast in style)
- Towel (for anyone who wants something else to get dirty or, why not, clean up?)
- Bottle opener (for anyone who wants to enjoy a drink in their Ovve)
- Pen (to leave your mark on those you meet and your surroundings)
- Sunglasses (for those who want to party in style)
- Songbook (for anyone who wants to sing along)



2.6 Patches

You can acquire patches in various ways. Many events include a patch for the specific event, the guilds have specific patches, and there are also badges available for purchase at Rindi. Patches are sewn onto appropriate places on your ovve. You can trade patches with others, but if you get event patches without attending the event, they should be sewn upside down. It's most fun if your Ovve tells a story of everything you've experienced, so collect as many as you can.

2.7 Rules

Up and down "cabbat"

Wearing an Ovve down "cabbat" means the top part of the overall/suspenders is hanging down or is tied around the waist. To wear an Ovve down "cabbat", it must be initiated; before this, the Ovve should be worn up "cabbat", with the entire garment on. Initiations happen once each term.

Washing

There is a tradition at many schools of exchanging parts of your Ovve with different people. At Campus Gotland, we have two guidelines:

- If you exchange bodily fluids with another Ovve wearer, you may also exchange a part of your Ovve.
- If you change the program you are studying and thus also change sections, you cut your Ovve in half and sew the two colors together, making the Ovve half-and-half.

Ovve Virginity

On every student overall, there is a small label on the flap of the right pocket. This is referred to as the Ovve virginity. You can take someone else's Ovve virginity by ripping it off with your teeth. However, you may not use your hands, and you must ask for consent before taking someone's virginity. Be respectful! After taking the virginity, you should leave your name in its place and then sew the taken virgins onto your Ovve to show your hunting success.

Name

Your name should be written on the right leg. An Ovve name can be created by yourself or by others, similar to a nickname. It is also fine to write your real name.

General Advice

The Ovve is a personal garment that should reflect the student's personality. We encourage students to embellish their Ovve with creative additions. Only your imagination sets the limits.



2.8 Ovve Wednesday

Every Wednesday on campus is Ovve Wednesday, which means students wear their Ovve to lectures, seminars, or whatever they are doing on campus. Out of clothes? Need to wash? Going to the bar later? Put on your Ovve!

3. Lamning

3.1 What is lamningen?

Lamningen is Gotland's version of a student initiation or welcome period and is the first big event when the autumn semester begins. It lasts for about one and a half to two weeks, with something new happening every day. On the first day, students are assigned to a team, which they will stick with throughout the period. Lamningen is designed as a competition, and the winners are announced at the closing event: the Lamning Gasque. This is a formal sitting held about a week after the activities end.

3.2 Roles during lamning

During Lamningen, you will meet many new people with different titles. Here is a quick explanation:

Lamm – New students.

Herders (herdar) – These are the team leaders, consisting of experienced students whose role is to make the new students feel welcome in Gotland and student life. They are the closest point of contact for new students.

Stab– These are the people who have planned the entire Lamningen. There are many subgroups, for example, some have planned the games, others have organized the gasque, and some are responsible for ensuring people and materials are in the right place at the right time.

Generals – This small selected group leads the entire Lamningen project. They oversee the stab, ensure the herders behave appropriately, and make sure everything runs smoothly.

3.2.1 Apply to the team

If you think it would be fun to be part of the Lamningen team, the application periods are usually:

- Generals: October/November
- Staff: January/February
- Herders: March/April

Keep an eye out for when recruiting opens!



3.3 Lamningsfriden

During Lamningen, there is a hierarchy between the different roles involved in the event. For example, herders can influence the social standing of new students, and stab can add or remove points in exchange for things that may not feel appropriate. To prevent abuse of power, a rule called **Lamningsfrid** is in place from the beginning of Lamningen until the final afterparty.

This rule states that no one in the Lamningen hierarchy may engage in any form of sexual activity with someone from another level. In practical terms, this means, for example, that a staff member may not engage with a herder, and a herder may not engage with a lamm. The rule also applies to people in other leadership positions within Rindi, such as the board, masters, section representatives, and club leaders.

This rule exists to protect all participants in Lamningen. Anyone who violates it risks being expelled from both Lamningen and Rindi for the remainder of their studies.

3.4 Support during lamning

If something about Lamningen doesn't feel right, your closest support is the role above you (Lamm → Herder, Herder → Stab, etc.). If this doesn't feel comfortable, you are always welcome to skip steps and talk to someone higher up. Everyone involved is committed to ensuring you have the best possible experience. The highest authority for student well-being is Rindi's Vice President, who is available for support. There are also national hotlines available:

Police - 112 (emergency), 11414 (non-emergency)

On-call priest - 112 (between 9 PM-6AM)

Medical advice - 1177

National helpline - 020-22 00 60

3.5 The lamning dance

During Lamningen, the song "**Das Rote Pferd**" by Markus Becker will be played frequently. A specific dance accompanies this song, and you will learn it as part of Lamningen. During this period, failing to dance when the song plays may result in point deductions.



4. Student life:

4.1 The songbook

At Rindi, we have a Songbook that is used for all the songs sung during our events. The book contains all the songs you could possibly imagine singing along to during your time as a student. The Songbook is great to have to easily keep up during events like *gasques* and to fully experience the true student atmosphere we offer here on Gotland.

4.2 Absolut Gotland - AG

A Absolut Gotland is a student party weekend held annually, where students from all over Sweden come to Gotland to socialize and party for four days. The event takes place at Kneippbyn, where students from various schools such as BTH, KTH, and Chalmers gather to celebrate the end of the academic year and enjoy the beginning of summer.

"Absolut Gotland is a legendary party for university and college students that has been around for over 20 years. Just before the regular season opening, we book an entire cottage village and campsite in the best possible location on Gotland's coast and throw a four-day-long party! Enjoy the spring sun from the terrace with a drink in hand, dance the night away at the nightclub, compete against other students in traditional Gotlandic games, explore Visby... AG has something for everyone." – translated from Absolut Gotland's website.

Website: <https://absolutgotland.se>

Instagram: @absgotland

4.3 Formal sittings - Gasque

- When the *toastmaster* speaks, you have three words to finish your conversation with your table neighbor. If you, so to speak, "have one foot in the door," you may use five words to conclude your conversation—after that, you must be SILENT!
- If you wish to perform an act or give a speech, this must be registered with the toastmaster with reasonable notice.
- *Tempo* is the standard way to get the toastmaster's attention to start a song. This is done by gently drumming your hands on the table along with the other guests in rhythm and finishing with "*åååå tempo*".
- When singing, the song should be performed with enthusiasm. If the lyrics are unfamiliar, you are free to make your own interpretation. However, please sing the same melody as the majority of the guests.
- If the *Tempo* is deemed incorrect or poorly synchronized, "*Omstart*" (Restart) will be called out, giving the song a second chance.
- A "*Mellan-sup*" (mid-drink) may be announced by the toastmaster (or guests) if the throat feels a bit dry. It can occur between or even in the middle of a song. This means (a quick pause in singing and) that everyone takes a sip without formally calling for a toast.



- A toast is announced after every completed song or speech. The toasting at Rindi is performed as follows:
 1. Forward, slightly to the left.
 2. Forward, slightly to the right.
 3. Straight ahead.
- When your plate is empty, please continue with the one to your right.
- Flirting with your table neighbor is considered good manners.
- Fallen students will be lifted and dusted off when time allows.
- Lost guests can be reclaimed upon description at the end of the evening.
- High thresholds are commonly referred to as “windows.” These should not be used as entrances or exits.
- It is strictly forbidden to keep a good mood to yourself!



4.4 Casual sittnings

- When the *toastmaster* speaks, you have three words to finish your conversation with your table neighbor. If you, so to speak, “have one foot in the door,” you may use five words to conclude your conversation—after that, you must be SILENT!
- If you wish to perform an act or give a speech, this must be registered with the toastmaster with reasonable notice.
- *Tempo* is the standard way to get the toastmaster’s attention to start a song. This is done by gently drumming your hands on the table along with the other guests in rhythm and finishing with “*åååh tempo*”.
- When singing, the song should be performed with enthusiasm. If the lyrics are unfamiliar, you are free to make your own interpretation. However, please sing the same melody as the majority of the guests.
- If the *Tempo* is deemed incorrect or poorly synchronized, “*Omstart*” (Restart) will be called out, giving the song a second chance.
- A “*Mellan-sup*” (mid-drink) may be announced by the toastmaster (or guests) if the throat feels a bit dry. It can occur between or even in the middle of a song. This means (a quick pause in singing and) that everyone takes a sip without formally calling for a toast.
- If someone shouts “*åååå, sidbyte!*” (side switch), you are expected to switch places with the person opposite you by crawling under the table. To avoid congestion, please keep to the right under the table.
- When your plate is empty, please continue with the one to your right.
- Flirting with your table neighbor is considered good table manners.
- High thresholds are commonly referred to as “windows.” These should not be used as entrances or exits.
- Spilling drinks is only allowed with non-alcoholic beverages.
- Consumed food is non-refundable.
- It is strictly forbidden to keep a good mood to yourself!



5. Student´s Dictionary

AG - Absolut Gotland

Baggan - Nickname for the bar Bageriet.

Borgen - Nickname for the bar Bistro Borgen

Gasque - A formal dinner where you are expected to dress up in something impressive.

Kravall - Krav på overall, a dress code where you are expected to wear your ovve at an event.

Lammvälling - A refreshing drink served during lambing season.

Lamning - Rindi's alternative to hazing or initiation week.

Mellan-sup - in-between sip

Maskerad - A costume party where dressing according to a specific theme is expected.

Munken - Nickname for the nightclub Munkkällaren.

Mästeri/mästare - A group that supports Rindi in its work for students. A mästare (master) is the leader of a mästeri (guild).

Ovve - The student overall, the most valuable garment for a student.

Patch - Badges that you can sew onto your Ovve.

Revär - A colored fabric strip on the Ovve that represents your program.

Sittning - A sitt down dinner and entertainment.

Shelbin - A mythical pet that experienced students are rumored to have witnessed at Rindiborgen.

Tempo - What is called out to initiate a song at sittings.

V.V.V - Abbreviation for the Rindi party called "Våga Vägra Vinter" (Dare to Defy Winter).



6. Student map



